



We Provide the Tools to Build Strong Futures



Presents:

A Life Saving Training

Learn how to recognize and prevent an overdose from trainer and TriCircle, Inc. board member, Christine Gagnon.

Thursday June 6, 2019
6:30pm – 8:30pm

The Red Barn
352 Main Street
Durham CT 06422

Naloxone is a medication that can rapidly reverse the effects of an overdose from prescription pain medications, heroin, and other opioids.

Attendees will receive the Naloxone training and an Evzio auto injector kit to take home at no cost.

Snacks and drinks will be provided

The training will be followed by:

SOUND HEALING WORKSHOP

Featuring Kelvin Young

Take time out to relieve stress, find inner peace and balance through the transformative powers of sound.



Sound Healer, Kelvin Young utilizes the crystal and Himalayan singing bowls, gong, tuning forks, rattles, hand drum and other healing tools to activate the parasympathetic nervous system to calm your mind, relax your body and nourish your soul.

The meditative sounds assist in healing chronic/toxic stress, muscle tension, addictive behaviors, PTSD, depression, anxiety, sleep disorders and other stress-related health conditions.

Space is limited to 25 people - Please R.S.V.P. to angela@tricircleinc.com